

# Life Sketch

## Lennox Samuel Westney, M.D.

*On December, 24, 1928, Lennox Samuel Westney was born to Rosetta Vaughan Westney and Carlton George Westney in Kingston, Jamaica. He was the second of three children.*

*In his formative years, his parents laid his religious and spiritual foundation by their devout church membership and attendance at Kingston's North Street Seventh-day Adventist Church. It was in this Church that Lennox and his brother, Adrian, were later baptized by Pastors M.G. Nembhard and F.E. Roy Jeffries in 1943.*

*Lennox Westney's early education began at Half-Way-Tree Elementary School followed by New Hope College (Kingsway High School) where he successfully completed his Senior Cambridge Examination. Next, he studied for and passed the London Matriculation Examination in Book-keeping.*

*After completing New Hope College, he went to West Indian Training College (now Northern Caribbean University), where he completed an Associate Degree in Pastoral Ministry in 1948. A ministerial internship followed under the mentorship of Pastor A.D. Laing in Portland, Jamaica. At this time, there arose the need for a principal at the North Street Elementary Church School and Lennox was asked to serve. He served in that capacity for a year, after which he left for the United States to further his education.*

*In the United States, he first attended Atlantic Union College where he completed a Bachelor of Arts Degree in History, and graduated magna cum laude, in 1953. He was then accepted to Columbia University where, in 1954, he completed a Master of Arts Degree in History and Political Science. While working on this master's degree, Lennox was employed by the Northeastern Conference of Seventh-day Adventists and taught at the Northeastern Academy in Bronx, New York.*

*This initial preparation and direction left Lennox with a life-long love for politics and history. One could always get from him an enlightening discourse on the day's political and historical events.*

*On December 19, 1954, Lennox Samuel Westney and Ouida Elaine Spleen were united in holy matrimony by Pastors A.D. Laing and W.U. Campbell at the North Street Seventh-day Adventist Church in Kingston, Jamaica. Ouida would become his beloved and lifelong partner for 61 years.*

*In May, 1955, Lennox and Ouida migrated to the United States as permanent residents. In the fall of that year, he returned to Atlantic Union College to complete his premedical science studies with the objective of gaining entrance into medical school. In 1957, he was admitted into the Howard University Medical School and was awarded his medical degree in May, 1961.*

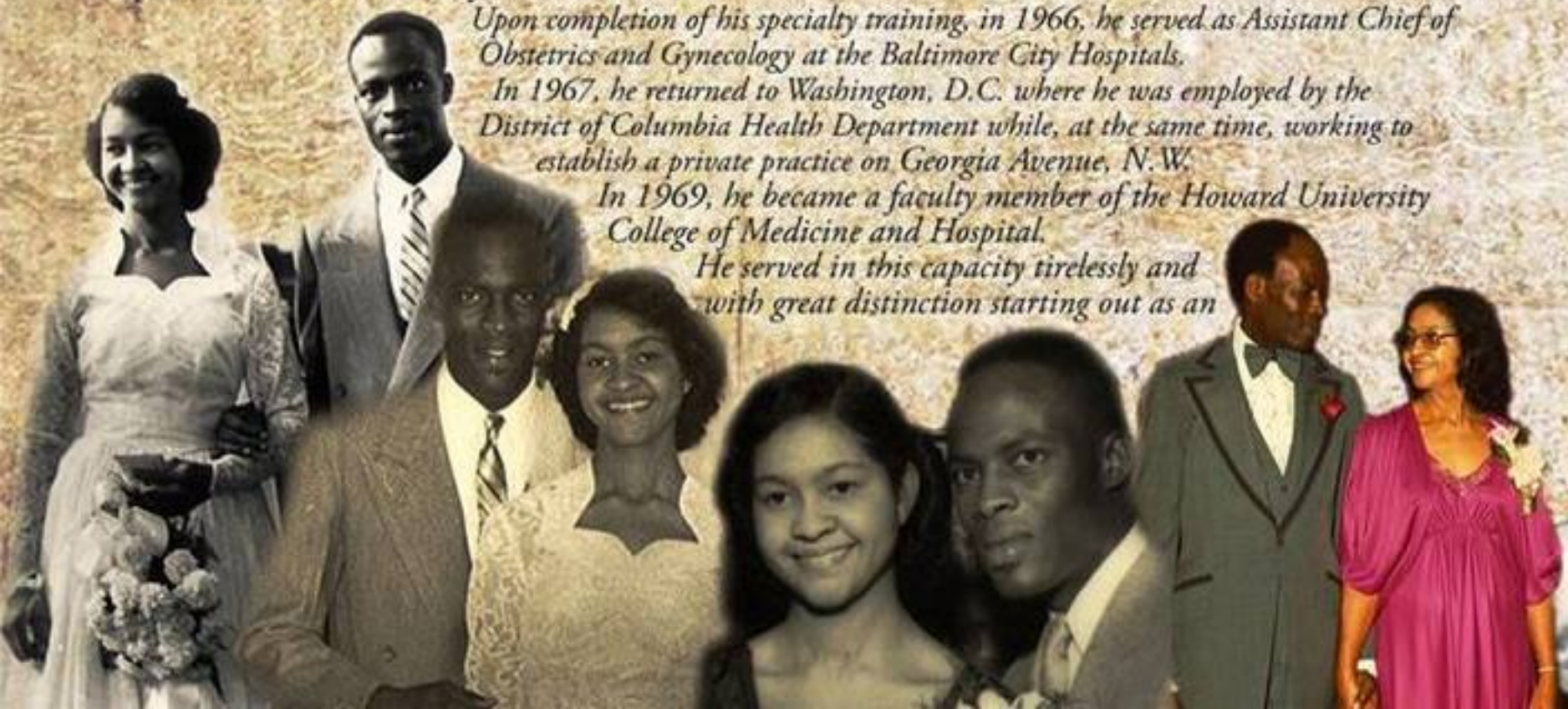
*After completing a year of rotating internships at Howard University Hospital, Lennox did his specialty training in Obstetrics and Gynecology under the tutelage of Dr. Frank Kaltreider at the then Baltimore City Hospitals, now Francis Scott Key Medical Center.*

*Upon completion of his specialty training, in 1966, he served as Assistant Chief of Obstetrics and Gynecology at the Baltimore City Hospitals.*

*In 1967, he returned to Washington, D.C. where he was employed by the District of Columbia Health Department while, at the same time, working to establish a private practice on Georgia Avenue, N.W.*

*In 1969, he became a faculty member of the Howard University College of Medicine and Hospital.*

*He served in this capacity tirelessly and with great distinction starting out as an*





*Attending Physician and, later, as Chairman of the Department of Obstetrics and Gynecology. In 1998 he retired from active practice as Professor Emeritus.*

*One highlight of his skill and specialty in the care of high risk pregnancies, at Howard University Hospital, was his leadership of the medical and allied health teams participating in the management and delivery of the Hospital's first and only set of quintuplets.*

*As a medical doctor, Lennox made numerous medical professional presentations. He co-authored two medical textbooks and published more than thirty articles in peer-reviewed professional journals. He was a member of Alpha Omega Alpha Honor Medical Society and the recipient of numerous awards and recognitions from professional, governmental and community agencies.*

*Dr. Westney served as President of the Medical-Dental Staff of Howard University Hospital, as a member of the Board of Directors of the Washington Adventist Hospital, the Shady Grove Adventist Hospital, the Howard University Medical Alumni Association, and the George E. Peters School and in similar capacities for several other organizations.*

*A hallmark of Dr. Lennox Westney's life has been his great humility, gentleness and gratitude for all that God had bestowed upon this blessed servant. He remained devout and steadfast in the service of his God and Church throughout the years of his medical training and practice. During specialty training in Baltimore, he served as an elder at the Berea Temple of Seventh-Day Adventists. In Washington, D.C., he served for many years as an elder and as First Elder while attending the First Seventh-Day Adventist Church.*

*He served as Medical Secretary for the Allegheny East Conference of Seventh-day Adventists, and as a member of the Conference's Executive Committee. He was also of service to the Breath of Life Crusades, as conducted by Elder C.D. Brooks, by providing health education instructions prior to the sermon presentations. Along with his beloved wife, Ouida Westney, Ph.D., Lennox was involved in Family Ministry for many years: serving on the General Conference of Seventh-day Adventists Family Life Committee in the mid-1970s; presenting programs at Camp Meetings; conducting family retreats and presenting family life/marriage enrichment seminars. He co-authored the first preparation for marriage guide published by the General Conference of Seventh-day Adventists.*

*In 2008, Lennox, to much acclaim, wrote and published his autobiography, **Just As I Am: Challenged But Confident.***

*In 2004 he was diagnosed with Parkinson's disease. The progression of this disease left him greatly challenged, preventing him from continuing and doing the many wonderful things that he had started and hoped to accomplish in his retirement from active professional practice. Yet, to the very end, he remained steadfast and confident in his reliance on his faith in God for much needed inner strength.*

*Lennox departed this life on Thursday, March 10, 2016 but he has left a rich legacy commencing with his fervent commitment to God, his dedication to his church, his untiring service to his profession and his love and concern for humanity. Lennox has also left in his legacy a commitment to family—spouse, children, grandchildren and an enviable appreciation for friends.*

*Left to mourn his loss are his beloved and devoted wife, Ouida, his sister Gloria, his children Samuel, Irving (Elle), Lenaine (Todd), grandchildren Vaughn, Aren, Valerie and Jeanne, sister-in-law Lizette, nephews Adrian (Lataynia), Marcel (Pamela), nieces Charmaine (Basil), Gloria (Perry) and many other beloved family members and friends.*

*Lennox Samuel Westney, M.D. Just As He Lived:  
A Life of Service, Confidence, Faith in God.*

*"Weeping may endure for a night but joy  
cometh in the morning"*

*- Psalm 30:5*

